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Riding the Waves Without Getting Wet: How to Manage Change in Today's Workplace

PRESENTER: Mike Hourigan, *Hourigan & Associates, Huntersville, NC*

How can you keep your head above water while the stormy seas of absurdity churn around you? Join us as Mike Hourigan shares strategies for organizations swirling in the turbulent waters of change. In this interactive, high energy session Mike will show us how to avoid going under the waves of change and spend more time riding the productive and even exhilarating waves. Learn to recognize, predict, and plan for change.

EXPERIENCE LEVELS: [1] Fundamental, [2] Intermediate, [3] Advanced

EXHIBIT HALL OPEN 7:30 AM–2:00 PM

ALL-DAY SESSION 9:30 AM–4:00 PM



Introduction to Occupational Safety [1] (see page 7)

INSTRUCTOR: Jan Fedora, *Workplace Safety Consultant, Minnesota Safety Council, St. Paul, MN*

HALF-DAY SESSIONS 9:45–11:45 AM

Process Safety Management Primer [1] [2]



PRESENTER: Arlyn Poppen, *CSP, Principal Consultant, Practical Process Safety, LLC, Eagan, MN*

The OSHA Process Safety Management (PSM) Standard has been around for nearly 25 years. Are you comfortable with whether or not it applies to your facility? How well do you understand its detailed requirements? What are the General Duty implications of PSM? Whether you use hazardous chemicals, flammable liquids or gases, or ammonia refrigeration in your operation, or perhaps have experienced a chemical fire, explosion or release, this is a must-attend presentation.

CONCURRENT SESSIONS 9:45–10:45 AM

Fit for Duty: Injury Prevention and Management [2]



PRESENTER: Chantel Frappier, *Physical Therapist, Sanford Health Occupational Medicine, Fargo, ND*

Post-offer testing, ergonomic assessment, and education/training assist in selecting the right employee for the job. Timely, competent, and coordinated care for workplace injuries returns the worker to their specific job tasks as soon and as safely as possible. Learn how an injury prevention and management system results in a streamlined hiring process, improved worker morale, reduced workplace injuries, decreased lost time/restricted days, and diminished legal action.

Diversity Cookbook: Building Organizations One Pot at a Time [All]



PRESENTER: Kostas Voutsas, *Assistant Professor of Business, Dickinson State University, Bismarck, ND*

With creativity, humor and real life stories, Kostas Voutsas reaches everyone in his audience as he dynamically explores secrets to successful communication when dealing with cultural and other differences in today's workforce. Travel with Kostas to the U.S., China, Mexico, Somalia, Korea, India, Russia, Australia, Canada and more, to explore strategies that make cultural diversity work. Discover the secrets to making good work relationships better.

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EXPERIENCE LEVELS: [1] Fundamental, [2] Intermediate, [3] Advanced

Are You Communicating Safely? [All]



PRESENTER: Mike Hourigan, Hourigan & Associates, Huntersville, NC

As safe as organizations try to be, incidents still happen. Most safety audits reveal communication issues were to blame, and more often than not, good intentions were the culprit. Communicating a culture of safety can be difficult when demands on time and people increase. This high-energy, fast-paced session brings understanding to the most difficult communication problems affecting safety. Mike's satirical and real-world look at organizational communication and safety weaves you through the workplace minefield and provides easy-to-use solutions.

MNOSHA Regulatory Update [All]



PRESENTER: James Krueger, Director of Compliance, MNOSHA, St. Paul, MN

Don't miss this overview of fatality trends and statistics, current MNOSHA staffing, and the inspection process, including various types and priorities of inspections. Several enforcement standards MNOSHA is prioritizing will also be discussed.

Assessing Safety of the Aging Driver: Tools and Processes [All]



PRESENTER: Catherine Sullivan, Ph.D., OTR/L, Associate Professor Department of Occupational Therapy, St. Catherine University, St. Paul, MN

There's an increasing proportion of older drivers on the road, whether behind the wheel of private cars or commercial vehicles. Statistics show the risk of being injured or killed in a crash increases as we age. In this interactive session, we'll look at a range of available assessment tools, from self-screening to comprehensive evaluations, and discuss recommended decision-making processes regarding driving safety.

Supervisors — Safety Force Multiplier [1]



PRESENTER: Clint Wolfley, Director of Business Development, Board of Certified Safety Professionals, Champaign, IL

Too often companies fail to recognize and utilize a critical component in the promotion of the safety process — front line supervisors. On a daily basis, supervisors have the greatest opportunity to affect safety performance and impact the bottom line. Companies with exceptional safety performance understand that safety is, has and always will be a function of line management. Explore the skills necessary for supervisors to be effective players in the overall safety process and multiply your safety force.

Security Awareness 101[All]



PRESENTER: Stefan Salmonson, PPS, President, PROtective Services, Inc., Mora, MN

"Wow!" "Great!" "Everyone could use this!" are typical reactions to this popular program.

Topics include identifying and reducing security risks; effective signage; the ABCs of security; robbery survival; response to angry, shouting and armed co-workers/clients; security equipment (cameras); emergency response procedures; policy/protocols and much more!

Since Before You Were Born: Young Safety Pros/ Aging Workforce [All]



PRESENTER: Katie Schofield, Assistant Professor, Mechanical and Industrial Engineering Department, University of Minnesota Duluth, Duluth, MN

We'll explore generational attributes, including communication styles, motivations and values. By harnessing the knowledge and experience of more senior employees plus tapping into junior employees for technological savvy and enthusiasm, companies may increase understanding, cooperation and positive safety results.

The Importance of Balance [All]



PRESENTER: Jay Tapper, President, ActivEdge, LLC, Superior, WI

Learning balance exercises to prevent slips and falls and improve human performance is not all you will gain in this session. We'll also talk about physiological and environmental factors that affect balance in our everyday lives. Who will benefit from balance training? Everyone!

SESSIONS 11:15AM–12:15PM

Communication Matters: Solving the People Puzzle [All]



PRESENTER: Kostas Voutsas, Assistant Professor of Business, Dickinson State University, Bismarck, ND

Get past the drama of difficult people, improve work relationships, reduce stress, and keep calm when kittens become tigers at work. Explore solutions to managing different personalities to better lead and succeed.

Prevention and Care of Back Injuries [All]



PRESENTER: Jay Tapper, President, ActivEdge, LLC, Superior, WI

Understanding the anatomy of your back is just one factor in caring for and preventing back injuries. Participants will learn about strengthening and stretching the proper way with simple back exercises for work and home, as well as proper techniques for pulling, pushing and lifting.

Regulatory Changes for Construction Inspectors [1] [2]



PRESENTER: Richard Stump, Compliance Programs Director, Midwest Energy Association, Bloomington, MN

The U.S. pipeline consists of over two million miles of pipe and all of it needs to be inspected. In addition, the replacement of aging cast and wrought iron with new steel and plastic has intensified the need for construction inspectors. Join us to review the requirements for being an inspector, challenges for inspectors in the field, and new regulations that could affect the inspector position.

OSHA's New Silica Standard [All]



PRESENTER: Ron Anderson, *Industrial Hygienist, MNOSHA, St. Paul, MN*

Learn about OSHA's new silica standards for general industry and construction, and what employers and safety professionals need to know to achieve compliance and protect workers.

Supervisors — Safety Force Multiplier [1] [2] (continued)

PRESENTER: Clint Wolfley, *Director of Business Development, Board of Certified Safety Professionals, Champaign, IL*

Emergency/Disaster Preparedness [All]



PRESENTER: Stefan Salmonson, *PPS, President, PROtective Services, Inc., Mora, MN*

This overview will help you with the four steps of the planning process, including establishing teams, assessing risk/hazards, and developing and implementing plans. Statistics on domestic terrorism, computer security, targeting, significant dates, specific threats and probabilities will also be discussed. This is an excellent program to begin or focus your security efforts.

Roadside Safety Audits — Are You Prepared? [1] [2]



PRESENTER: Steve Krueger, *Commercial Vehicle Inspector, Commercial Motor Vehicle Section, Minnesota State Patrol, Mendota Heights, MN*

Over the past few years there have been many changes in state and federal regulations that apply to those who deliver goods and provide transportation services in Minnesota. Learn how to prepare your vehicle to avoid a roadside audit.

Occupational Fatigue: The Next BIG Issue? [All]



PRESENTER: JoAnn Dankert, *Senior Consultant, National Safety Council, Maricopa, AZ*

Fatigue is a pervasive problem in our society that adversely affects the quality and safety of our daily lives. At home and at work, fatigue-induced errors can have devastating consequences. It's a complex issue that should be discussed and managed. We'll explore physical and mental tiredness, shift work scheduling factors and injury risk, demographic issues, medical conditions, sleep disorders, and technical and organization approaches to managing fatigue.

NETWORKING LUNCHEON

11:45AM–2:00PM

SPONSORED BY: Sanford Health OccMed

TOURS (Limited space: pre-registration required.)

Minnesota Zoo FULL

See the Minnesota Zoo like you've never seen it before! Enjoy a "behind the scenes" tour with Ken Weisenber, long-time safety administrator with the zoo. Learn about massive safety programs for their city-within-a-city.

3M — Customer Innovation Center FULL

The 3M Innovation Center is a fantastic example of 3M's commitment to answering the needs of companies and consumers around the world. On this tour you'll experience the magic of innovation. See, hear, feel and interact with technology that has changed the way we live today. Specifically developed to demonstrate how uncommon connections can result in unique solutions, the 3M Innovation Center is here to inspire you and help your business develop innovative solutions.

Summit Brewery FULL

Join Summit Brewing COO Tom Thomasser for a tour of the facility. See how they address issues such as atmospheric hazards and chemical safety in an environment that blends the demands of a manufacturing facility with a highly visible public-facing component.

SESSIONS 2:00–3:00PM

From Suits to Tattoos: Bridging the Generational Gap [All]



PRESENTER: Kostas Voutsas, *Assistant Professor of Business, Dickinson State University, Bismarck, ND*

Looking for simple solutions to managing generational differences at work? Confused by your changing demographic reality? Not sure how to communicate and collaborate with different people? This highly interactive and humorous session explores strategies to bridge the generational gap at work.

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OSHA's New Fall Protection Standard [1] [2]



PRESENTER: *Craig Firl, Technical Manager, Personal Safety Division, 3M, Red Wing, MN*

An update and review of fall protection standards, focusing on the new 2017 OSHA Walking-Working Surfaces Standard for general industry. This standard establishes a benchmark for fall protection in general industry. Key changes include fixed ladder safety requirements, billboard/outdoor advertising climbing, roof top protection and fall protection component hardware.

Incident Command System [1] [2]



PRESENTERS: *Cheryl Urie, Health and Safety Specialist; Crystal Smith, Environmental Advisor, Enbridge, Duluth, MN*

All businesses are potentially subject to incidents that impact employees, the public, property, or business continuity. Learn how the Incident Command System (ICS) establishes a coordinated event response, utilizing common processes for planning, managing and integrating resources.

Bike to Work Programs — For the Health of It [All]



PRESENTERS: *Kelly Corbin, Physical Activity Coordinator, Office of Statewide Health Improvement Initiatives, Minnesota Department of Health, St. Paul, MN; Becky Alper, Program Manager, Smart Trips Workplaces, St. Paul, MN*

Studies show that employees who bike to work are healthier and more productive. Get the tools to build a robust program for encouraging biking to work to support employee health and safety. Basic on-bike commuting skills and rules of the road will be reviewed. Attendees will be provided with tips and tools that can be shared with employees year-round to encourage more biking and help make employees' commutes healthy, safe and fun!

Human Error: What a Lame Excuse! [1] [2]



PRESENTER: *JoAnn Dankert, Senior Consultant, National Safety Council, Maricopa, AZ*

Often in an incident investigation the corrective action is "counsel employee to be more careful," as if continually pointing the finger at the 'bad' employee will improve safety or the employee's overall performance. We'll discuss why errors occur, types of errors which can lead to safety-related incidents and ways to reduce errors, move forward and gain traction within your organization while improving performance.

Minnesota's Demographic Future — Is Demography Destiny? [All]



PRESENTER: *Steve Hine, Director, BLS Cooperative Programs, Minnesota Department of Employment and Economic Development, St. Paul, MN*

Hear about Minnesota's changing demographics as they relate to workforce diversity, our aging population, regional changes, broad trends and potential safety implications. We'll talk about what these new trends could mean for business in Minnesota.

Asleep at the Wheel — Most of Us Have Driven Drowsy [All]



PRESENTER: *Lisa Kons, Traffic Safety Programs Coordinator; Minnesota Network of Employers for Safety Coordinator, St. Paul, MN*

Everyone needs it! In fact, experts stress that we should devote one-third of our day to catching some quality sleep. That same research shows we are not getting enough. Drowsy drivers are unsafe drivers and they are out there sharing the road with you and me. Learn about current and best practices to keep you and your employees well rested and safe behind the wheel.

SESSIONS 2:00–3:30PM

Preparing for Hostile Events, Step 2: Security Assessment [2]



PRESENTER: *Stefan Salmonson, PPS, President, PROtective Services, Inc., Mora, MN*

This new intermediate session will focus on recommendations and elements of a successful security assessment. Bring your company security assessment and security plan for review and suggested updates. **Enrollment limited. Pre-registration required.**

It Will Happen to You — Severe Weather Panel [All]



PRESENTERS: *Todd Krause, Weather Coordination Meteorologist, National Weather Center, Chanhassen, MN; Timothy Dahl, Risk Manager, Wright County, Buffalo, MN; Bruce Winter, Safety Coordinator, All American Foods, Mankato, MN; Ann Traxler, Emergency Management Director, Le Sueur County, Le Center, MN; Tom Peterson, Safety Director, Wells Concrete, Wells, MN;*

Moderator: *Paul Aasen, President, Minnesota Safety Council, St. Paul, MN.*

Weather experts will discuss a variety of ways to receive severe weather warnings, a brief review of recent storms, typical patterns of severe weather and flooding in Minnesota, and weather safety. You will also hear from panelists from around the state about their experiences with severe weather such as wind, tornados, flooding, thunderstorms, snow and ice.

VISIT THE EXHIBIT HALL!

Tuesday and Wednesday | 7:30AM–2:00PM